

Herbal Educational Services  
**Southwest Conference on Botanical Medicine 2025**  
**Continuing Education Record for AAFP Approval**  
 (Approved for up to 23.5 Prescribed Credits)

**Please follow these steps to complete your continuing education:**

1. Download this form to your computer and save it.
2. Fill it out completely including catalog numbers and lectures attended. Incomplete forms cannot be processed.
3. Save the final version and attach it to an email to Alyssa Bialy [alyssa@botanicalmedicine.org](mailto:alyssa@botanicalmedicine.org)
4. Your CE Certificate will be emailed to you within 14 days.

**Approval Information:**

- AAFP is recognized by the ANCC as a provider of nursing continuing education for RNs, FNP's and other nursing professionals.
- AMA/AAFP Equivalency: AAFP Prescribed Credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)<sup>TM</sup> toward the AMA Physician's Recognition Award.

**Name as it should appear on certificate(s):** \_\_\_\_\_ **Email address:** \_\_\_\_\_

CE Catalog # 6-digit code listed in live session and below each video (i.e. 21SW10)	Prescribed Credits	Presentation Titles and Speakers Alphabetical by speaker	Please rate this presentation (5 highest, 1 lowest)				
			5	4	3	2	1
20SW10	1.5 General	<b>This is an example of how to complete the form.</b> Assessing Nutritional Status in Children with Autism Spectrum Disorder – <i>Mary Rondeau</i>	X				
	4 Prescribed Credits	Pre-Conference Intensive: Phytotherapy for the Respiratory System – Roots, Research and Clinical Relevance – <i>Kristin Gilmour and Julianne Grant</i>	5	4	3	2	1
	1.5 Prescribed Credits	Prescriptions in Women's Health: What Integrative Practitioners Need to Know – <i>Tori Hudson</i>	5	4	3	2	1
	1.5 Prescribed Credits	Opiate Use Disorder: Integrating Medication-Assisted Treatment and Holistic Approaches for Whole-Person Care – <i>Lori Harger</i>	5	4	3	2	1
	1.5 Prescribed Credits	The Nature of Viruses: Their Role in Life, Health, and Human Immunity – How to Prevent and Treat Viral Infections – <i>Christopher Hobbs</i>	5	4	3	2	1
	1.5 Prescribed Credits	Update on Long COVID: Symptoms, Etiology and Management Plans from the EU – <i>Jack Lambert</i>	5	4	3	2	1

CE Catalog #	Prescribed Credits	Presentation Titles and Speakers Alphabetical by speaker	Presentation Rating				
			5	4	3	2	1
	1.5 Prescribed Credits	Pediatric Functional GI Disorders & Herbal Medicine – <i>Brianna Piché</i>					
	1.5 Prescribed Credits	Hydrogels and Botanical Medicine: Considerations for the Treatment of Burn Injury – <i>Kenneth Proefrock</i>					
	1.5 Prescribed Credits	The Biochemistry of Hair Growth and Loss and Botanical Medicine Interventions – <i>Kenneth Proefrock</i>					
	1.5 Prescribed Credits	Naturopathic Approaches to Assisting Patients through Substance Dependency and Withdrawal – <i>Kenneth Proefrock</i>					
	1.5 Prescribed Credits	Botanical Medicine and Depression Phenotypes: Rethinking Mental Health Beyond the DSM – <i>Mary Rondeau</i>					
	1.5 Prescribed Credits	Fearing the Future: the Botanical Treatment of Anxiety Disorder – <i>David Winston</i>					
	1.5 Prescribed Credits	Navigating the Consistently Inconsistent Mast Cell Patient – <i>Allison Williams</i>					
	1.5 Prescribed Credits	Panel: Perimenopause and Years Beyond: Managing Symptoms, Enhancing Vitality, and Supporting the Transition – <i>Reneé Camila, Tori Hudson and Katie Stage</i>					
	1.5 Prescribed Credits	Panel: How to Deliver Herbs to Patients: Tips for Making Them Palatable and Utilizing Food as Medicine – <i>Mary Rondeau, Lucretia VanDyke and David Winston</i>					
<b>TOTAL HOURS</b>	<b>Prescribed Credits:</b>						

**Comments and/or requests for future topics at our conferences:**