## Herbal Educational Services Southwest Conference on Botanical Medicine 2024 Continuing Education Record for ND Approvals

## Please follow these steps to complete your continuing education:

1. Download this form to your computer and save it.

- 2. Fill it out completely including catalog numbers and lectures attended. Incomplete forms cannot be processed.
- 3. Save the final version and attach it to an email to Caitlin Maher caitlin@botanicalmedicine.org
- 4. Certificates will be emailed within two weeks.
- 5. For CE questions please see our <u>Continuing Education FAQ page</u> or contact Caitlin Maher.

Name as it should appear on certificate(s):

Email address for sending certificate(s):\_\_\_\_\_

State(s) of licensure:\_\_\_\_\_

Please indicate the lectures attended on the form below. The CE catalog number is required in the left-hand column for certificates to be emailed. Thank you!

CE Catalog # 6-digit code listed in live session and below each video (i.e. 21SW10)	General Hours	Pharmacy Hours	Presentation Titles and Speakers Alphabetical by speaker	Please rate this presentation (5 highest, 1 lowest)					
20SW10	1.5 General		<b>This is an example of how to complete the form.</b> Assessing Nutritional Status in Children with Autism Spectrum Disorder – <i>Mary Rondeau, ND,</i> <i>RH (AHG)</i>	5 X	4	3	2	1	
	2 General	2 Pharmacy	Restorative Sleep: Integrative Strategies for Remediating Sleep Disorders – <i>Lise Alschuler, ND, FABNO</i>	5	4	3	2	1	

<b>CE Catalog</b> # 6-digit code listed in live session and below each video (i.e. 21SW10)		Pharmacy Hours	Presentation Titles and Speakers Alphabetical by speaker			Please rate this presentation (5 highest, 1 lowest)					
		al	Finding Flow in Lymphatics – Lise Alschuler, ND, FABNO	5	4	3	2	1			
	1.5 General		Why Using Sustainably Sourced Herbs Matters and How to Find Them – Ann Armbrecht, PhD	5	4	3	2	1			
		□ 1.5 Pharm □ 1.5 Opioid (for AZ ND)	From Papaver to Fentanyl: How We Got Here and How Herbs Can Help – <i>Lydia Bartholow, DNP, PMHNP</i>	5	4	3	2	1			
	1.5 General		Comparative Materia Medica for the Bitter Herbs – Paul Bergner, Medical Herbalist	5	4	3	2	1			
	1.5 General		Herban Legends and Clinical Pearls in the Female Reproductive Materia Medica – Paul Bergner, Medical Herbalist	5	4	3	2	1			
		1.5 Pharm	Psilocybin Mushrooms in Clinical Practice – <i>Todd Caldecott, Dip, CI.H., RH (AHG), CAP(NAMA), AAC</i>	5	4	3	2	1			
	1.0 General	0.5 Pharm	Holistic Treatment of Rhinosinusitis – <i>Todd Caldecott, Dip, CI.H., RH (AHG), CAP(NAMA),</i> AAC	5	4	3	2	1			
	1.5 General		As Part of a Whole: Insecurity as Physical Indication – Renée Camila, Herbalist	5	4	3	2	1			
	1.5 General		Botanical Solutions for Viral Infections – From Acute to Chronic Sequelae – Kristin Gilmour, BHSc (Naturopathy) and Julianne Grant, BHSc (Naturopathy), BApSc (HM)	5	4	3	2	1			
	1 General	0.5 Pharm	How to Mitigate the Effects of Mold and Mycotoxin Exposure – Marianne Marchese, ND	5	4	3	2	1			
	1 General	0.5 Pharm	Breastfeeding Medicine: Low Milk Supply, Galactagogues and Botanicals for Common Breastfeeding Pitfalls – <i>Brianna Piché, ND, RH (AHG)</i>	5	4	3	2	1			
	1 General	0.5 Pharm	Herbs and Pediatric Fever – Brianna Piché, ND, RH (AHG)	5	4	3	2	1			
	0.5 General	1 Pharm	A Comprehensive Management Plan for Multiple Sclerosis: Botanicals, Nutrients and the New Generation of Pharmaceuticals – <i>Kenneth Proefrock, NMD</i>	5	4	3	2	1			
	0.5 General	1 Pharm	The Evolution of Wound Care: Botanical Medicine-Based Considerations and Strategies – Kenneth Proefrock, NMD	5	4	3	2	1			
	1 General	0.5 Pharm	For the Family: Using EEG BioMarker Patterns to Guide Parenting and Relationship Strategies Including Botanicals Indicated for these Patterns – <i>Mary Rondeau</i> , <i>ND</i> , <i>RH</i> ( <i>AHG</i> )	5	4	3	2	1			
	1.0 General	0.5 Pharm	Treatment Approaches to the #1 Cause of Liver Disease in North America: MASLD – <i>Katie Stage, ND, RH (AHG), FABNG</i>	5	4	3	2	1			

CE Catalog # 6-digit code listed in live session and below each video (i.e. 21SW10)	General Hours	Pharmacy Hours	Presentation Titles and Speakers Alphabetical by speaker				Please rate this presentation (5 highest, 1 lowest)					
	1.5 General		Herbal Anodynes: Palliatives for Pain – Jillian Stansbury, ND				4	3	2	1		
	1.0 General	0.5 Pharm	Review of COPD Pathophysiology and Available Therapies – Jillian Stansbury, ND         Ending Opioid Addiction: Using Herbs and Nutrients to Support the Brain and Body Through Withdrawal into Vibrant Living – Christina Veselak, MS, CN, LMFT (in CO)				4	3	2	1		
		□ 1.5 Pharm □ 1.5 Opioid (for AZ ND)					4	3	2	1		
	1.5 General		Dip, CI.H., RH	anel: Prevention of Viral Infections: Building Immunity with Botanicals – <i>Todd Caldecott,</i> Dip, CI.H., RH (AHG), CAP(NAMA), AAC; Paul Bergner, Medical Herbalist; and Katie Stage, D, RH (AHG), FABNG				3	2	1		
	0.5 General	1 Pharm		Botanical Therapies for Recovery from Myocardial Infarction (MI) – <i>Lise Alschuler, ND,</i> O; Jillian Stansbury, ND; and Kenneth Proefrock, NMD			4	3	2	1		
CE TOTALS	GENERAL	PHARMACY	OPIOID	TOTAL HOURS EARNED		1	1	1	1			

Your Continuing Education certificate will be emailed to you within 14 days.

Comments and/or requests for future topics at our conferences:

**ND CE Approval Information:** 

- Oregon Board of Naturopathic Medicine (OBNM): Up to 35.5 hours of which 13 can be pharmacy
- Sonoran University of Health Sciences (SUHS): Up to 35.5 hours of which 10 can be pharmacy and 3 opioid/addiction