

Herbal Educational Services
Southwest Conference on Botanical Medicine 2023
Continuing Education Record for ND Approvals

Please follow these steps to complete your continuing education:

1. Download this form to your computer and save it.
2. Fill it out completely including catalog numbers and lectures attended. Incomplete forms cannot be processed.
3. Save the final version and attach it to an email by May 21, 2023 to Caitlin Maher caitlin@botanicalmedicine.org
4. Certificates will be emailed within two weeks.
5. For CE questions please see our [Continuing Education FAQ page](#) or contact Caitlin Maher.

Name as it should appear on certificate(s): _____

Email address for sending certificate(s): _____

State(s) of licensure: _____

Please indicate the lectures attended on the form below. The CE catalog number is required in the left-hand column for certificates to be emailed. Thank you!

CE Catalog # 6-digit code listed in live session and below each video (i.e. 21SW10)	General Hours	Pharmacy Hours	Presentation Titles and Speakers Alphabetical by speaker	Please rate this presentation (5 highest, 1 lowest)				
				5	4	3	2	1
20SW10	1.5 General		This is an example of how to complete the form. Assessing Nutritional Status in Children with Autism Spectrum Disorder – <i>Mary Rondeau, ND, RH (AHG)</i>	X				
	1.5 General		History and Clinical Uses of Eupatorium perfoliatum and Asclepias tuberosa – <i>Paul Bergner, Medical Herbalist</i>	5	4	3	2	1
	1.5 General		Herbal Treasures from the National Formulary (NF) of 1906 – <i>Paul Bergner, Medical Herbalist</i>	5	4	3	2	1
	0.5 General	1.0 Pharm	Three Cytotoxic Herbs – A Materia Medica Review of Artemisia absinthium, Thuja occidentalis and Taxus brevifolia in Clinical Practice – <i>Chanchal Cabrera, FNIMH, RH (AHG)</i>	5	4	3	2	1

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	1.5 General		Suppression vs. Healing: Appropriate Applications of Herbal and Nutritional Therapies for Common Skin Conditions – <i>Deborah Frances, ND</i>	5	4	3	2	1
	1.5 General		A Modern Yerberia: Controlled-Environment Agriculture for Growing Herbs in the Desert Southwest – <i>Lillea Hartwell, ND</i>	5	4	3	2	1
	1.0 General	0.5 Pharm	Long COVID: Symptoms, Etiology and Management Plans from the EU – <i>Jack Lambert, PhD, MD</i>	5	4	3	2	1
	1.0 General	0.5 Pharm	Gender-affirming Care for Adolescents: Botanical Allies for Transition – <i>Brianna Piche, ND, RH (AHG)</i>	5	4	3	2	1
	1.0 General	0.5 Pharm	Pediatric ADHD: Botanical Nootropics and Mood Support in Childhood and Adolescence – <i>Brianna Piche, ND, RH (AHG)</i>	5	4	3	2	1
	1.5 General		Improving Neuroplasticity and Mental Adaptability with Botanical Medicine and Physical Activity – <i>Kenneth Proefrock, NMD</i>	5	4	3	2	1
	1.0 General	0.5 Pharm	Hear Ye! Hear Ye! A Natural History of the Ear and Its Pathology: From Otitis to Meniere's and Hearing Loss – <i>Kenneth Proefrock, NMD</i>	5	4	3	2	1
		1.5 Pharm	Case Studies in the Naturopathic Management of Traumatic Brain Injury – <i>Kenneth Proefrock, NMD</i>	5	4	3	2	1
	0.5 General	1.0 Pharm	"I'm not sick....it's allergies!" Natural Treatments for Allergic Conditions – <i>Katie Stage, ND, RH (AHG)</i>	5	4	3	2	1
	1.5 General		A New Perspective on Mood Disorders: The Role of Oxidative Stress in Common Anxiety and Depressive States – <i>Jillian Stansbury, ND</i>	5	4	3	2	1
	1.5 General		Gastrodia elata: Traditional Chinese Medicine for Managing Migraines, Stroke and More – <i>Jillian Stansbury, ND</i>	5	4	3	2	1
		o 1.5 Pharm or o 1.5 Opioid (for AZ ND)	Managing the Impacts of Opioid Use Using Herbs & Nutrition – <i>Jen Stovall, BSN, RN</i>	5	4	3	2	1
		o 1.5 Pharm or o 1.5 Opioid (for AZ ND)	Soothing the Hungry Ghost: Supporting our Clients When They are Ready to Quit Using Opioids – <i>Jen Stovall, BSN, RN</i>	5	4	3	2	1
	1.5 General		Detoxifying the Body: The Clinical Use of Alteratives, Depuratives and Antidyscratics – <i>David Winston, RH (AHG)</i>	5	4	3	2	1
	2.0 General	2.0 Pharm	Pre-Conference Intensive: Reclaiming Self: Herbs to Correct Autoimmunity – <i>Eric Yarnell, ND</i>	5	4	3	2	1
	1.0 General	0.5 Pharm	Herbal Dependence on the Gut Flora – <i>Eric Yarnell, ND</i>	5	4	3	2	1

CE Catalog # 6-digit code listed in live session and below each video (i.e. 21SW10)	General Hours	Pharmacy Hours	Presentation Titles and Speakers Alphabetical by speaker	Please rate this presentation (5 highest, 1 lowest)				
	1.0 General	0.5 Pharm	Update on Herbs for Men's Health – <i>Eric Yarnell, ND</i>	5	4	3	2	1
	1.0 General	0.5 Pharm	Panel Discussion: Botanical and other Therapies for Long COVID – <i>Dee Atkinson, FNIMH, Paul Bergner, Medical Herbalist, Kenneth Proefrock, NMD, and David Winston, RH (AHG)</i>	5	4	3	2	1
	0.5 General	1.0 Pharm	Panel Discussion: Botanical Therapies for Functional GI Issues – <i>Brianna Piche, ND, RH (AHG), Katie Stage, ND, RH (AHG) and Jillian Stansbury, ND</i>	5	4	3	2	1
CE TOTALS	GENERAL	PHARMACY	OPIOID					

Your Continuing Education certificate will be emailed to you within 14 days.

Comments and/or requests for future topics at our conferences:

ND CE Approval Information:

- **Oregon Board of Naturopathic Medicine (OBNM):** Up to 35.5 hours of which 13 can be pharmacy
- **California Naturopathic Doctors Association (CNDA):** Up to 35.5 hours of which 13 can be pharmacy
- **Sonoran University of Health Sciences (SUHS, formerly SCNM):** Up to 35.5 hours of which 10 can be pharmacy and 3 opioid/addiction