

Herbal Educational Services
Southwest Conference on Botanical Medicine 2022
Continuing Education Record for AAFP and ND approvals

Please follow these steps to complete your continuing education:

1. Download this form to your computer and save it
2. Fill it out completely including catalog numbers and lectures attended. Incomplete forms cannot be processed.
3. Save the final version and attach it to an email by May 22 to Caitlin Maher at caitlin@botanicalmedicine.org
4. Certificates will be emailed within two weeks
5. For CE questions please see our [Continuing Education FAQ page](#) or contact Caitlin Maher at caitlin@botanicalmedicine.org

Name as you would like it to appear on your certificate(s)

Email Address for sending certificate(s):

Please indicate which certificate(s) you need. Your CE fee covers all of your certificates for this conference.

Naturopathic Doctor: State of licensure
Nursing professions
Medical Doctor
General Certificate of Attendance
Other health profession:

Please indicate the lectures attended on the form below. The CE catalog number is required in the left-hand column for certificates to be emailed.

Thank you!

Catalog # 6- digit number found at beginning and end of each video. e.g., 20SW10	AAFP CME for MDs, DOs, PAs & Nurses California NDs please use this column	Naturopathic Physicians for OBNM and SCNM credits please use this column	Presentation titles and topics (alphabetical by speaker):	Please rate this presentation (5 highest, 1 lowest)				
				5	4	3	2	1
20SW10	1.5 Prescribed Credit	1.5 General	This is an example of how to complete the form. Enter the 6-digit number found at the beginning and end of each video in the first column. Please check one of the boxes to the left to indicate for which certificate you are acquiring CE hours.	5	4	3	2	1
	1.5 Prescribed Credits	1.5 General	Botanicals for Frailty in Elders <i>Lise Alshuler, ND</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.0 General .5 PHARM	Preserving GI Health During Cancer Care <i>Lise Alshuler, ND</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.0 General .5 PHARM	Sunday Panel: Inspiring a Path Toward Wellness for Those in Our Care <i>Lise Alshuler, ND, Kenneth Proefrock, NMD and Katie Stage, ND, RH(AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.0 General .5 PHARM	Antianxiety Herbs and Mechanisms of Action <i>Paul Bergner, Medical Herbalist</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.5 General	Herbs for Herpes and Shingles <i>Paul Bergner, Medical Herbalist</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.5 General	Biophilia: How Participating in the Lives of the Plants that Grow Around You Can Inform your Clinical Practice <i>Isla Burgess, Medical Herbalist</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.5 General or 1.5 Opioid/Addiction Arizona	A Multidisciplinary Integrated Model for Treating Chronic Pain and Opioid Dependence <i>David Eisen, LAc, MSW, ODM</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.5 General	Reclaiming the Sacred in Women's Health: Plants as Allies for Physical, Emotional and Spiritual Healing <i>Deborah Frances, ND</i>	5	4	3	2	1
	N/A	1.5 General	Strategies for Creating Herbal Formulas <i>Deborah Frances, ND</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.5 General	Key Points when Prescribing Probiotics in Clinical Practice <i>Jason Hawrelak, ND</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.5 General	Herbal Medicines and the Gastrointestinal Microbiota: Herbs that Nurture and Herbs that Kill <i>Jason Hawrelak, ND</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.5 General	The Integral Immune System: Harmonizing the Neuroimmune Axis with Botanical Medicine <i>Jason Miller, DACM, LAc</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.5 General or 1.5 Opioid/Addiction Arizona	Botanical and other Protocols for Opiate Use Disorder <i>Kenneth Proefrock, NMD</i>	5	4	3	2	1

Catalog # 6- digit number found at beginning and end of each video. e.g., 20SW10	AAFP CME for MDs, DOs, PAs & Nurses California NDs please use this column	Naturopathic Physicians for OBNM and SCNM credits please use this column			Presentation titles and topics (alphabetical by speaker):	Please rate this presentation (5 highest, 1 lowest)				
						5	4	3	2	1
20SW10	1.5 Prescribed Credit	1.5 General			This is an example of how to complete the form. Enter the 6-digit number found at the beginning and end of each video in the first column. Please check one of the boxes to the left to indicate for which certificate you are acquiring CE hours.					
	1.5 Prescribed Credits	1.5 PHARM			Alternatives to Polypharmacy in Conditions of Neurologic Impairment <i>Kenneth Proefrock, NMD</i>	5	4	3	2	1
	N/A	1.5 General			Herbs of Joy: A Virtual Guided Plant Show and Preparations Demonstration <i>JoAnn Sanchez, RH (AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.5 General			Finding Balance: Herbs and Treatments to Nurture Yin <i>Katie Stage, ND, RH (AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.5 General			Maintaining a Healthy Heart in the Age of COVID <i>Jillian Stansbury, ND</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.0 General .5 PHARM			Treatment for Acute Panic Disorder <i>Jillian Stansbury, ND</i>	5	4	3	2	1
	N/A	1.5 General			Two-Part Lecture: Roots of Naturopathy: Herbal Remedies from African Slaves <i>Andrea Sullivan, ND</i> and Ethnobotany of the African Diaspora <i>Marc Williams, MA</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.5 General			“Just Another Sleepless Night”; Herbal/Nutritional Protocols for Insomnia and Other Sleep Disorders <i>David Winston, RH (AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.5 General			Spices For Life <i>David Winston, RH (AHG)</i>	5	4	3	2	1
	4.0 Prescribed Credits	4.0 PHARM			Pre-conference Intensive: Psychedelics: Therapeutic Uses for Psilocybin and LSD in Mental Health <i>Erica Zelfand, ND</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.5 PHARM			Ketamine in Doses Big and Small: Versatility in Treating Depression and Other Mood Disorders <i>Erica Zelfand, ND</i>	5	4	3	2	1
	1.5 Prescribed Credits	1.5 PHARM			Saturday Panel: Botanical and Other Naturopathic Therapies for Multiple Drug Resistant Infections <i>Jason Miller, DACM, Lac, Jillian Stansbury, ND, and Mary Rondeau ND, RH(AHG)</i>	5	4	3	2	1
						5	4	3	2	1
Totals	AAFP	General	PHARM	Opioid/Addiction						

Your Continuing Education certificate will be mailed to you in approximately 14 days after receipt.

Comments: