

Herbal Educational Services
Southwest Conference on Botanical Medicine 2023
Nursing Track

Start Date: March 24 – 26, 2023

NURSING ATTENDANCE RECORD
and ACTIVITY EVALUATION FORM

DIRECTIONS: Before working on this form: **1)** Download and save it on your local computer. **2)** Complete the form with a) Name b) Email c) Answers to general questions below. For individual lectures enter d) CE Catalog numbers, e) Individual lecture evaluations and f) Total CE hours. **3)** Save changes. **4)** Attach the saved copy to an email **5) Send form to caitlin@botanicalmedicine.org** **6)** Certificates will be emailed within 14 days.

Nurse Participant Name:

Email Address:

Disclosures

- 1) **Approval Statement:** This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Approved to award 28.5 contact hours. Approval for contact hours through the American Holistic Nurses Association is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.
- 2) **Criteria for Successful Completion:** Credit is awarded commensurate with participation in one or more sessions. Completion and submission of an evaluation form is required.
- 3) **Conflicts of Interest:** The following individuals in a position to control content for this activity declare they have a commercial interest relationship relevant to the content of this activity and it has been resolved with the nurse planner. David Winston (Founder, Herbalist & Alchemist) and Eric Yarnell (President, Heron Botanicals and Chief Science Officer, Red Root Pharmaceuticals)
- 4) **Expiration date for Enduring Materials:** 3/21/25

1. Assessment of Knowledge Gained

As a result of participating in this conference, I have increased my knowledge level related to botanical therapies: 5 4 3 2 1

2. The overall goals for this activity (listed below) were met:

(If you select "2-Disagree" or "1-Strongly Disagree," please provide a comment below.)

5 4 3 2 1

Overall Goals At the conclusion of this activity, participants will:

1. Increase their evidence-based knowledge of botanical therapies for COVID, hormone issues, mental health, autoimmune disorders, skin conditions, allergies, children's health, men's health, neurological health, cancer and the gut-brain connection.
2. Learn the identification and preparing medicinal plants.
3. Gain the knowledge to integrate complementary therapies into their clinical practice, through providing education, assessment, counseling or other nursing interventions with their patients.

3. I found this activity worthwhile for my professional practice.

(If you select “2-Disagree” or “1-Strongly Disagree,” please provide a comment below.)

5 4 3 2 1

4. This activity will enhance my knowledge/skill as a health care provider.

(If you select “2-Disagree” or “1-Strongly Disagree,” please provide a comment below.)

Knowledge

5 4 3 2 1

Skill

5 4 3 2 1

5. Please rate each presentation you attended in the table provided below:

1. Was the speaker knowledgeable about the topic?
2. Did the speaker present the information in an interesting manner that facilitated learning?
3. Was the presentation free of commercial bias?

↓(5=Strongly Agree 4=Agree 3=Neutral 2=Disagree 1=Strongly Disagree)↓

CE Hours	Catalog Number	Lecture Title/Speaker	Speaker knowledgeable?					Interesting presentation that facilitated learning?					Presentation Free of Commercial Bias? Yes/No
			5	4	3	2	1	5	4	3	2	1	
1.5 hrs		History and Clinical Uses of Eupatorium perfoliatum and Asclepias tuberosa <i>Paul Bergner, Medical Herbalist</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1.5 hrs		Treasures from the National Formulary of 1906 <i>Paul Bergner, Medical Herbalist</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1.5 hrs		Three Cytotoxic Herbs – A Materia Medica Review of Artemisia absinthium, Thuja occidentalis and Taxus brevifolia in Clinical Practice <i>Chanchal Cabrera, FNIMH, RH (AHG)</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1.5 hrs		Suppression vs. Healing: Appropriate Applications of Herbal and Nutritional Therapies for Common Skin Conditions <i>Deborah Frances, ND</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1.5 hrs		A Modern Yerberia: Controlled-Environment Agriculture for Growing Herbs in the Desert Southwest <i>Lillea Hartwell, ND, RH (AHG)</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1.5 hrs		Long COVID: Symptoms, Etiology and Management Plans from the EU <i>Jack Lambert, MD, PhD</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1.5 hrs		Gender-affirming Care for Adolescents: Botanical Allies for Transition <i>Brianna Piché, ND, RH (AHG)</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

↓(5=Strongly Agree 4=Agree 3=Neutral 2=Disagree 1=Strongly Disagree)↓

CE Hours	Catalog Number	Lecture Title/Speaker	Speaker knowledgeable?					Interesting presentation that facilitated learning?					Presentation Free of Commercial Bias? Yes/No
			5	4	3	2	1	5	4	3	2	1	
1.5 hrs		Pediatric ADHD: Botanical Nootropics and Mood Support in Childhood and Adolescence <i>Brianna Piché, ND, RH (AHG)</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1.5 hrs		Improving Neuroplasticity and Mental Adaptability with Botanical Medicine and Physical Activity <i>Kenneth Proefrock, NMD</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1.5 hrs		Hear Ye! Hear Ye! A Natural History of the Ear and Its Pathology: From Otitis to Meniere's and Hearing Loss <i>Kenneth Proefrock, NMD</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1.5 hrs		Case Studies in the Naturopathic Management of Traumatic Brain Injury <i>Kenneth Proefrock, NMD</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1.5 hrs		"I'm not sick....it's allergies!" Natural Treatments for Allergic Conditions <i>Katie Stage, ND, RH (AHG)</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1.5 hrs		A New Perspective on Mood Disorders: The Role of Oxidative Stress in Common Anxiety and Depressive States <i>Jillian Stansbury, ND</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1.5 hrs		Gastrodia elata: Traditional Chinese Medicine for Managing Migraines, Stroke and More <i>Jillian Stansbury, ND</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1.5 hrs		Managing the Impacts of Opioid Use Using Herbs & Nutrition <i>Jen Stovall, BSN, RN</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1.5 hrs		Soothing the Hungry Ghost: Supporting our Clients When They are Ready to Quit Using Opioids <i>Jen Stovall, BSN, RN</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
3.0 hrs		Pre-Conference Intensive: Reclaiming Self: Herbs to Correct Autoimmunity <i>Eric Yarnell, ND, RH (AHG)</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1.5 hrs		Panel: Botanical Therapies for Functional GI Issues <i>Katie Stage, ND, RH (AHG), Jillian Stansbury, ND and Brianna Piché, ND, RH (AHG)</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

←Enter Grand Total CNE Here (Total hours from page 2 – 3)

1. Please rate the following statement on a scale of 5 (Strongly Agree) to 1 (Strongly Disagree): 5 4 3 2 1

“I have gained evidence-based knowledge on botanical therapies for clients coping with conditions related to COVID, hormone issues, mental health, autoimmune disorders, skin conditions, allergies, children’s health, men’s health, neurological health, cancer and/or the gut-brain connection.”

2. Please write at least one example of botanical knowledge you have gained through this conference on one of the topics listed above.
3. Please write at least one botanical or complementary therapy you plan to incorporate into your clinical practice within the next month as a result of participating in this conference: *(ex. patient assessment, education, counseling, or other nursing intervention)*
4. What other topics for health professionals would you like to see presented in the future?

Thank you for taking the time to fill out this form