

Herbal Educational Services  
Southwest Conference on Botanical Medicine 2021  
Continuing Education Record for AAFP and ND approvals

**Please follow these steps to complete your continuing education:**

1. Download this form to your computer and save it
2. Fill it out completely including catalog numbers and lectures attended. Incomplete forms cannot be processed.
3. Save the final version and attach it to an email by May 28 to Linda Jo Strouse at [ljbotanical@gmail.com](mailto:ljbotanical@gmail.com)
4. Certificates will be emailed within two weeks
5. For CE questions please see our [Continuing Education FAQ page](#) or contact Caitlin Maher [caitlin@botanicalmedicine.org](mailto:caitlin@botanicalmedicine.org)

**Name as you would like it to appear on your certificate(s)**

**Email Address for sending certificate(s):**

**Please indicate which certificate(s) you need. Your CE fee covers all of your certificates for this conference.**

*Note: Acupuncturists please [use our other CE form](#). Exception: California acupuncturists requesting distance learning [use a separate form](#).*

Naturopathic Doctor: State of licensure  
Nursing professions  
Medical Doctor  
General Certificate of Attendance  
Other health profession:

**Approvals (partial credit OK):**

- **American Academy of Family Physicians (AAFP):**  
The AAFP has reviewed 2021 Southwest Conference on Botanical Medicine and deemed it acceptable for up to 40 hours AAFP Prescribed Credit. Term of approval is from 03/26/2021 to 03/24/2022. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- **AMA/AAFP Equivalency:**  
AAFP Prescribed Credit is accepted by the American Medical Association as equivalent to AMA PRA Not Category 1 credit(s)<sup>TM</sup> toward the AMA Physician's Recognition Award.
- **Oregon Board of Naturopathic Physicians (OBNM):**  
Up to 40 general hours of which 13 can be pharmacy for selected lectures.
- **Southwest College of Naturopathic Physicians CE board (SCNM):**  
Up to 40 general hours of which 13 can be pharmacy or 11.5 pharmacy and 3 opioid credits for selected lectures. Extra general credits for in-person field study and herb walks (see separate credit chart at end).
- **Note to Naturopathic Physicians licensed in California:** AAFP approval applies to CNDA so please use that column

*Please indicate the lectures attended on the form below. The CE catalog number is required in the left-hand column for certificates to be emailed.*

*Thank you!*

Catalog # 6- digit number found at beginning and end of each video. e.g., 20SW10	AAFP for MDs, DOs, PAs & Nurses California NDs please use this column	Naturopathic Physicians for OBNM and SCNM credits please use this column	Presentation titles and topics (alphabetical by speaker): Field Study and Herb Walks are in a separate chart at the end.	Please rate this presentation (5 highest, 1 lowest)				
20SW10	1.5 Prescribed Credit	1.5 General	<b>This is an example of how to complete the form.</b> Enter the 6-digit number found at the beginning and end of each video in the first column. Please check one of the boxes to the left to indicate for which certificate you are acquiring CE hours.	5	4	3	2	1
	4.0 Prescribed Credit	4.0 PHARM	Pre-Conference Intensive: Managing Pharmaceutical Side Effects and Discontinuance with Botanicals and other Natural Therapies <i>Lise Alshuler, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 PHARM	Herbal Impacts on Drug Metabolism <i>Lise Alshuler, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Diverticulitis: Integrative Management <i>Lise Alshuler, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.0 General  .5 PHARM	Topical Antifungal Therapeutics with Western Herbs <i>Paul Bergner</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	The Antiviral Materia Medica <i>Paul Bergner</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Medicinal Uses of the Berberine-Containing Plants <i>Paul Bergner</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Herbal Allies for Nourishing the Emotional Heart <i>Deborah Frances R.N., N.D</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 PHARM or 1.5 Opioid/Addiction Arizona	Opiate Use Disorder and its Treatment from a Body-Mind-Spirit Perspective - Part A <i>Lori Harger, PMHNP</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General or 1.5 Opioid/Addiction Arizona	Opiate Use Disorder and its Treatment from a Body-Mind-Spirit Perspective - Part B <i>Lori Harger, PMHNP</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Mushroom Medicine in Women's Health <i>Tori Hudson, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Hormonal Imbalances and Gynecological Patterns <i>Feather Jones</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.0 General  .5 PHARM	Integrative and Botanical Interventions for Inflammatory Bowel Diseases and Associated Arthritis <i>Heath McAllister, ND, RH (AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.0 General  .5 PHARM	Understanding the Therapeutic Importance of Saponins and Saponin Containing Herbs <i>Heath McAllister, ND, RH (AHG)</i>	5	4	3	2	1

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	1.5 Prescribed Credit	1.0 General  .5 PHARM	Naturopathic Considerations for Musculoskeletal Pain, Alternatives to Narcotics and Anti-inflammatories <i>Kenneth Proefrock, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.0 General  .5 PHARM	Getting into the Brain: Liposome Based Strategies for Neurological Conditions <i>Kenneth Proefrock, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Covid 19, Acute and Chronic Considerations in Naturopathic Patient Management <i>Kenneth Proefrock, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 PHARM	CBD and Mental Health <i>Mary Rondeau, ND, RH(AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.0 General  .5 PHARM	Top Ten Botanical Medicines for Managing Mental Health Disorders <i>Mary Rondeau, ND, RH(AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Garden Presentation: Growing a Cure <i>JoAnn Sanchez</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Medicinal Herbs in the Kitchen (Demonstration Lecture) <i>John Slattery</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.0 General  .5 PHARM	Naturopathic Therapies for Eczema and Psoriasis <i>Katie Stage, ND &amp; Arianna Rodriguez, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.0 General  .5 PHARM	About Face: Natural Approaches to Skin Conditions Primarily Affecting the Face <i>Katie Stage, ND &amp; Arianna Rodriguez, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	In-Depth Look at Centella Asiatica <i>Jillian Stansbury, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Phytosterols - A Review and Tutorial <i>Jillian Stansbury, ND)</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.0 General  .5 PHARM	Panel: Naturopathic Approaches to Weight Management and Obesity Prevention <i>Lise Alschuler, ND, Katie Stage, ND and Marianne Marchese, ND</i>	5	4	3	2	1
Totals	AAFP	General	Pharm					

Extra general credits for in-person field study and herb walk (approved for CME by SCNM CE board)

Catalog # 6- digit number found at beginning and end of each video. e.g., 20SW10	Naturopathic Physicians: Approved by SCNM (Oregon does not give credit for herb walks)	Presentation titles and topics (alphabetical by speaker): Field Study and Herb Walks are in a separate chart at the end.	Please rate this presentation (5 highest, 1 lowest)				
			5	4	3	2	1
	3.0 General	Friday Field Study at Boyce Thompson Arboretum <i>Feather Jones</i>					
	2.0 General	Medicinal Plants Herb Walk at the Desert Botanical Garden <i>Mimi Kamp</i>	5	4	3	2	1
	2.0 General	Herb Walk at the Desert Botanical Garden <i>JoAnn Sanchez</i>	5	4	3	2	1
Totals	General						

Your Continuing Education certificate will be mailed to you in approximately 14 days after receipt.

Comments: