## Herbal Educational Services (CEP Provider #1552) Southwest Conference on Botanical Medicine 2021 Video Streaming begins March 26, 2021 Continuing Education Record for California Acupuncturists

**Tech tip**: Before working on this form, be sure to: 1) Download and save it on your local computer. 2) Complete the form with: a) Name b) Email c) Calif. License number d) Catalog numbers of videos viewed (partial credit available) e) Answers to test questions for videos viewed (required by CAB) and f) evaluation of lectures viewed. 3) Save changes. 4) Attach the saved copy to an email to <u>caitlin@botanicalmedicine.org</u> 5) You'll receive your certificate by email. NOTE: This form is for distance-learning only. If you need live event credits, please use the <u>live event</u> acupuncture form.

Enter your name as it should appear on your certificate:

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- CEP #1552 approved for up to 40 CE hours. Partial credit available depending on videos viewed.
- Email completed form to <u>caitlin@botanicalmedicine.org</u>

The CE committee requires each form to be filled out completely, including catalog numbers and test questions for the lectures viewed. Incomplete forms will not be processed.

Catalog # 6-digit number found at beginning of each video. e.g., 21SW20 REQUIRED	CE Hours for California Acupuncturists	<b>Presentation titles and topics (alphabetical by speaker):</b> For each video viewed, enter the 6 digit catalog number in the first column, complete the test question in the box with the lecture title, and rate the presentation. These are required by the CE board to receive credit for the lectures you viewed.	Please rate this presentation (5 highest, 1 lowest)						
21SW15		This is an example of how to complete the form.List three specific therapies described in this presentation:Mushroom Medicine in Women's Health Tori Hudson, ND	5	4	3	2	1		
	1.5	<ol> <li>Different species of mushrooms have been shown to be therapeutically beneficial for specific forms of cancer (examples <i>Ganoderma</i> in breast, colon, hepatocellular and prostate cancer. <i>Cordyceps</i> in lung and hepatocellular cancers.)</li> <li>Studies have shown that an active compound in <i>Basidiomycota</i> mushrooms (Active Hexose Correlated Compound or AHCC) has therapeutic benefit in HPV, cervical cancer and chemotherapy-induced toxicity.</li> <li><i>Trametes</i> (turkey tail mushrooms) studies show positive results in esophageal, lung, stomach, colon and breast cancer</li> </ol>							

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	4.0	Pre-Conference Intensive: Managing Pharmaceutical Side Effects and Discontinuance with Botanicals and other Natural Therapies <i>Lise Alshuler, ND</i> 1.	5	4	3	2	1	
		2. 3.						
	1.5	Herbal Impacts on Drug Metabolism <i>Lise Alshuler</i> , <i>ND</i> 1.	5	4	3	2	1	
		2. 3.						
	1.5	Diverticulitis: Integrative Management <i>Lise Alshuler, ND</i> 1.	5	4	3	2	1	
		2. 3.						
	1.5	Topical Antifungal Therapeutics with Western Herbs <i>Paul Bergner</i> 1.	5	4	3	2	1	
		2. 3.						
	1.5	The Antiviral Materia Medica <i>Paul Bergner</i> 1.	5	4	3	2	1	
	1.5	2. 3.						
		Medicinal Uses of the Berberine-Containing Plants <i>Paul Bergner</i> 1.	5	4	3	2	1	
	1.5	2. 3.						

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	1.5	<ul> <li>Herbal Allies for Nourishing the Emotional Heart <i>Deborah Frances</i>, <i>N.D</i></li> <li>2.</li> <li>3.</li> </ul>	5	4	3	2	1		
	1.5	<ul> <li>Opiate Use Disorder and its Treatment from a Body-Mind-Spirit Perspective - Part A <i>Lori Harger</i>, <i>PNHNP</i></li> <li>1.</li> <li>2.</li> <li>3.</li> </ul>	5	4	3	2	1		
	1.5	<ul> <li>Opiate Use Disorder and its Treatment from a Body-Mind-Spirit Perspective - Part B <i>Lori Harger</i>, <i>PNHNP</i></li> <li>1.</li> <li>2.</li> <li>3.</li> </ul>	5	4	3	2	1		
	1.5	Mushroom Medicine in Women's Health <i>Tori Hudson, ND</i> 1. 2. 3.	5	4	3	2	1		
	1.5	Hormonal Imbalances and Gynecological Patterns <i>Feather Jones</i> 1. 2. 3.	5	4	3	2	1		

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	1.5	Integrative and Botanical Interventions for Inflammatory Bowel Diseases and Associated Arthritis Heath McAllister, ND, RH (AHG) 1. 2. 3.	5	4	3	2	1		
	15	Understanding the Therapeutic Importance of Saponins and Saponin Containing Herbs <i>Heath</i> <i>McAllister, ND, RH (AHG)</i> 1.	5	4	3	2	1		
	1.5	2. 3.							
	1.5	Naturopathic Considerations for Musculoskeletal Pain, Alternatives to Narcotics and Anti- inflammatories <i>Kenneth Proefrock, ND</i> 1.	5	4	3	2	1		
		2. 3.							
	1.5	Getting into the Brain: Liposome Based Strategies for Neurological Conditions <i>Kenneth Proefrock</i> , <i>ND</i> 1.	5	4	3	2	1		
		2. 3.							
	1.5	Covid 19, Acute and Chronic Considerations in Naturopathic Patient Management <i>Kenneth</i> <i>Proefrock, ND</i> 1.	5	4	3	2	1		
		2. 3.							

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	1.5	CBD and Mental Health <i>Mary Rondeau</i> , <i>ND</i> , <i>RH</i> ( <i>AHG</i> ) 1. 2. 3.	5	4	3	2	1	
	1.5	<ul> <li>Top Ten Botanical Medicines for Managing Mental Health Disorders <i>Mary Rondeau, ND, RH(AHG)</i></li> <li>2.</li> <li>3.</li> </ul>	5	4	3	2	1	
	1.5	Garden Presentation: Growing a Cure JoAnn Sanchez         1.         2.         3.	5	4	3	2	1	
	1.5	Medicinal Herbs in the Kitchen (Demonstration Lecture) <i>John Slattery</i> 1. 2. 3.	5	4	3	2	1	
	1.5	<ul> <li>Naturopathic Therapies for Eczema and Psoriasis <i>Katie Stage, ND &amp; Arianna Rodriguez, ND</i></li> <li>2.</li> <li>3.</li> </ul>	5	4	3	2	1	

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	1.5	<ul> <li>About Face: Natural Approaches to Skin Conditions Primarily Affecting the Face <i>Katie Stage</i>, <i>ND</i> &amp; <i>Arianna Rodriguez</i>, <i>ND</i></li> <li>2.</li> <li>3.</li> </ul>	5	4	3	2	1	
	1.5	In-Depth Look at Centella Asiatica <i>Jillian Stansbury, ND</i> 1. 2. 3.	5	4	3	2	1	
	1.5	Phytosterols - A Review and Tutorial Jillian Stansbury, ND         1.         2.         3.	5	4	3	2	1	
	1.5	<ul> <li>Panel: Naturopathic Approaches to Weight Management and Obesity Prevention Lise Alschuler, ND, Katie Stage, ND and Marianne Marchese, ND</li> <li>1.</li> <li>2.</li> <li>3.</li> </ul>	5	4	3	2	1	

Certificates for California acupuncturists will be emailed to you within two weeks of completing this form. Don't forget to enter the catalog numbers and test question answers or your form can't be processed!