

MEDICINES FROM THE EARTH HERB SYMPOSIUM

May 17 – 19, 2024 at Blue Ridge Assembly

Attendance Record for AAFP

Please circle your rating for each session attended, figure your total hours at the end and return your completed continuing education form to the registration table before leaving the conference.

Name as you would like it to appear on certificate: _____

Email address to send certificate to: _____

Licensure type and state(s): _____

Friday, May 17, 2024		Prescribed Credits
1 PM – 5:15 PM	Pre-symposium Intensive: Optimizing Physical Performance and Recovery with Botanicals with Donald Yance 4 Prescribed Credits	Rating: 5 4 3 2 1

Saturday, May 18, 2024					Prescribed Credits
9 AM – 10:30 AM	The Dementia Epidemic: Evolution, Causes and the Role of Botanical Medicine Jason Miller, DACM, LAc 1.5 Prescribed Credits 5 4 3 2 1	Lobelia: A Classic Respiratory Herb Matures into the Modern Era Jillian Stansbury, ND 1.5 Prescribed Credits 5 4 3 2 1	Appalachian Herbal Tonics Rebecca Beyer No AAFP Credit 5 4 3 2 1	Herb Walk Doug and Todd Elliott No AAFP Credit 5 4 3 2 1	
11 AM – 12:30 PM	Nerve Injury and Repair: From Bell's Palsy and Sciatica to Epilepsy and Trauma Kenneth Proefrock, NMD 1.5 Prescribed Credits 5 4 3 2 1	Thyroid Health: Zeroing in on Two Common Thyroid Conditions Mary Bove, ND 1.5 Prescribed Credits 5 4 3 2 1	Little Known Medicines of the Southern Forests and Fields David Winston, RH (AHG) No AAFP Credit 5 4 3 2 1	Plant Walk: Establishing Plant Relations Kat Maier, RH (AHG) No AAFP Credit 5 4 3 2 1	
2 PM – 3:30 PM	Assessing and Managing the Complicated Case, Pt 1: Stress and Chronic Infection Jason Miller, DACM, LAc 1.5 Prescribed Credits 5 4 3 2 1	African American Herbalism: A Practical Class on Healing Plants and Folk Traditions Lucretia VanDyke, Herbalist No AAFP Credit 5 4 3 2 1	Foraged Foods as Medicine: From Garden Weeds to Table (Demonstration) Teresa Boardwine, RH (AHG) No AAFP Credit 5 4 3 2 1	Plant Walk with a Clinical Focus 7Song No AAFP Credit 5 4 3 2 1	
4 PM – 5:30 PM	Panel Discussion: Hypercholesterolemia: Comparing Efficacy and Side Effects of Pharmaceuticals and Botanicals with Jason Miller, DACM, LAc, Jillian Stansbury, ND and Donald Yance, CN, RH (AHG) 1.5 Prescribed Credits				5 4 3 2 1

Sunday, May 19, 2024

					Prescribed Credits
9 AM – 10:30 AM	Parasites: The Devil Inside Kenneth Proefrock, NMD 1.5 Prescribed Credits 5 4 3 2 1	It Hurts to Move: Herbal and CAM Treatment of Back Pain and Fibromyalgia David Winston, RH (AHG) 1.5 Prescribed Credits 5 4 3 2 1	Tree Medicine: Sentient Beings and Allies for Life Teresa Boardwine, RH (AHG) No AAFP Credit 5 4 3 2 1	Herb Walk Doug and Todd Elliott No AAFP Credit 5 4 3 2 1	
11 AM – 12:30 PM	Assessing and Managing the Complicated Case, Pt 2: Environmental Toxins and Nutrient Deficiency Jason Miller, DACM, LAc 1.5 Prescribed Credits 5 4 3 2 1	Botanical Analogs for At-Risk Medicinals Kat Maier, RH (AHG) No AAFP Credit 5 4 3 2 1	Wild Fruits of the Fields and Forests (Demonstration) Vickie Shufer No AAFP Credit 5 4 3 2 1	Plant Walk with a Botanical Focus 7Song No AAFP Credit 5 4 3 2 1	
2 PM – 3:30 PM	Botanicals that Provide most of the Chemotherapeutic Drugs in Cancer Care Donnie Yance, CN, RH (AHG) 1.5 Prescribed Credits 5 4 3 2 1	Glutamine/Glutamate Dysfunction and Common Neurological Conditions Jillian Stansbury, ND 1.5 Prescribed Credits 5 4 3 2 1	Herbal Skin Care Preparations (Demonstration) Lucretia VanDyke, Herbalist No AAFP Credit 5 4 3 2 1	Outdoor Plant Walk: Food as Medicine Marc Williams No AAFP Credit 5 4 3 2 1	
4 PM – 5:30 PM	Panel Discussion: The Challenges of Climate Change in Clinical Practice Kenneth Proefrock, NMD, Kat Maier, RH (AHG) and Lucretia VanDyke, Herbalist 1.5 Prescribed Credits				5 4 3 2 1
Online	Post-symposium Intensive: Natural Treatment of Prostate Conditions: Blending Western Herbal Practice, Traditional Chinese Medicine, and Pharmacy with Eric Yarnell, ND, RH (AHG) 4 Prescribed Credits				5 4 3 2 1

TOTALS	
PRESCRIBED CREDITS	

Comments, Feedback and Suggestions for Future Topics:

Certificates will be emailed within 14 days