

Herbal Educational Services  
Medicines from the Earth Herb Symposium 2019 Nursing Track  
May 31 – June 3, 2019  
**NURSING ENDURING MATERIALS**  
**ACTIVITY EVALUATION FORM**

Sign in. Fill out evaluation for the lecture recordings heard, and total the hours on page 4. Email completed form to [reg@botanicalmedicine.org](mailto:reg@botanicalmedicine.org) and a certificate will be emailed to you.

**54.5 possible** contact hours for audio recordings. Approval #

**Approval:** This continuing nursing education activity was approved for distance learning for 54.5 possible contact hours by the Continuing Nursing Education Group, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Approval expires \_\_\_\_\_

**Criteria for successful completion:** Listen to recordings of the event (listed below) and evaluate the recordings heard, total the hours, fill out the additional questions and email evaluation to [reg@botanicalmedicine.org](mailto:reg@botanicalmedicine.org). A certificate of completion will be sent by return email.

**There is no extra cost for contact hours** beyond the purchase price of the recordings. **Conflict of interest:** No individuals in a position to control content for this activity have any relevant financial relationships to declare.

**Nurse Participant Name:**

1. The overall goals for this activity (listed below) were met: (Please check one box only.)

**Strongly Agree**

**Agree**

**Neutral**

**Disagree**

**Strongly Disagree**

(If you select "Disagree" or "Strongly Disagree," please provide a comment below.)

**Comments:**

**Overall Goals** At the conclusion of this activity, participants will:

1. Increase their evidence-based knowledge of botanical therapies for aging, mental health, acute care, endocrine, pain support and women's health issues concerns, using a Likert Scale.
2. Gain skills for identifying and preparing medicinal plants.
3. Gain the knowledge to integrate complementary therapies into their clinical practice, through providing education, assessment, counseling or other nursing interventions with their patients.

2. **I found this activity worthwhile** for my professional practice.  
(If you select “Disagree” or “Strongly Disagree,” please provide a comment below.)

**Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly Disagree**

**Comments:**

3. **This activity will enhance my knowledge/skill** as a health care provider.  
(If you select “Disagree” or “Strongly Disagree,” please provide a comment below.)

**Knowledge:      Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly Disagree**

**Skill:                      Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly Disagree**

**Comments:**

4. **Please rate your level of agreement/disagreement with the statement:**  
“My evidence-based knowledge of botanical therapies in support of clients for aging, mental health, acute care, endocrine, pain support and women’s health issues.”

**Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly Disagree**

5. **Please write at least one example of a medicinal plant you are able to identify or prepare as a result of listening to these recordings.**

6. **Please write at least one botanical or complementary therapy you plan to incorporate into your clinical practice as a result of listening to these recordings** (ex. patient assessment, education, counseling, or other nursing intervention):

7. **What other health care/professional topics would you like to see presented?**

8. **Additional comments:**

9. **Please rate each presentation you attended in the table provided below:**

1. Was the speaker knowledgeable about the topic?
2. Did the speaker present the information in an interesting manner that facilitated learning?
3. Was the presentation free of commercial bias?

↓(5=Strongly Agree 4=Agree 3=Neutral 2=Disagree 1=Strongly Disagree)↓

CE Hours	Catalog Number	Lecture Title/Speaker	Speaker knowledgeable?					Interesting presentation that facilitated learning?					Presentation Free of Commercial Bias? Yes/No
			5	4	3	2	1	5	4	3	2	1	
4 hrs	19ME01 & 19ME02	<b><u>Intensive: The Impact of Stress on Accelerated Aging—Botanical Remediation</u></b> - <i>Alschuler</i>											
1.5 hrs	19ME03	<b><u>Chinese and Ayurvedic Herbs that Western Herbalists Really Need to Know</u></b> - <i>Winston</i>											
1.5 hrs	19ME04	<b><u>Five Plant Allies for our Times</u></b> - <i>Maier</i>											
1.5 hrs	19ME05	<b><u>Breast Cancer Update</u></b> - <i>Alschuler</i>											
1.5 hrs	19ME06	<b><u>Botanicals for Liver Conditions including Fatty Liver, Fibrosis and Gall Bladder</u></b> - <i>Proefrock</i>											
1.5 hrs	19ME07	<b><u>Organ Reserve: Aging Gracefully</u></b> - <i>Spelman</i>											
1.5 hrs	19ME08	<b><u>Calm and Cool with Mood Enhancing Plants</u></b> — <i>Bove</i>											
1.5 hrs	19ME09	<b><u>Types of Pain and Botanical Medicine</u></b> - <i>Stansbury</i>											
1.5 hrs	19ME10	<b><u>Cell Receptors Networks and Botanicals</u></b> - <i>Miller</i>											
1.5 hrs	19ME11	<b><u>Nervines</u></b> - <i>Winston</i>											

↓(5=Strongly Agree 4=Agree 3=Neutral 2=Disagree 1=Strongly Disagree)↓

1.5 hrs	19ME12	<b><u>A Tale of Cancer and our Aging Genome</u></b> - <i>Alschuler</i>											
1.5 hrs	19ME13	<b><u>Mood Disorders and Natural Medicine</u></b> - <i>Rondeau</i>											
1.5 hrs	19ME14	<b><u>Herbal Medicine and Eye Health</u></b> - <i>Proefrock</i>											
1.5 hrs	19ME15	<b><u>Preparing a Backyard Herbal First Aid Kit</u></b> - <i>Dunn and Shapiro</i>											
1.5 hrs	19ME16	<b><u>Keynote: Endocrine Disruptors: History, Recent Research and Individual &amp; Societal Remedies</u></b> - <i>Trasande</i>											
1.5 hrs	19ME17	<b><u>Panel: Managing the Effects of Endocrine Disruptors with Botanical Medicine</u></b> - <i>Miller, Proefrock, and Rondeau</i>											
1.5 hrs	19ME18	<b><u>Slow the Decline: New Developments in Boosting Herbs</u></b> - <i>Bove</i>											
1.5 hrs	19ME19	<b><u>Remedies for Chronic Bronchitis and Asthma</u></b> <i>Maier</i>											

Total Number of Hours Page 3

CE Hours	Catalog Number	Lecture Title/Speaker	Speaker knowledgeable?					Interesting presentation that facilitated learning?					Presentation Free of Commercial Bias? Yes/No
			5	4	3	2	1	5	4	3	2	1	
1.5 hrs	19ME20	<u>Developing a Trauma-Informed Herbal Protocol</u> - Boardwine											
3.0 hrs	19ME21	<u>Demystifying Detoxification</u> - Miller											
1.5 hrs	19ME22	<u>Depression in the Elderly</u> - Stansbury											
1.5 hrs	19ME23 19ME24	<u>The Chemistry, Pharmacology, Extraction and Safety of Cannabis, Part 1 and Part 2</u> - Spelman											
1.5 hrs	19ME25	<u>The Anti-Aging Power of Sleep</u> - Rondeau											
1.5 hrs	19ME26	<u>Managing Chronic Illness with Herbal Medicine- Useful Plants and Formulas</u> - 7Song											
1.5 hrs	19ME27	<u>Longevity Elixirs, Foods and Recipes</u> - Boardwine											
1.5 hrs	19ME28	<u>ADD, ADHD and Attention and Focus Concerns in Adults and Children</u> - Rpnneau											
1.5 hrs	19ME29	<u>A Pre-Fertility Program for Men and Women</u> - Bove											
1.5 hrs	19ME31	<u>Herb Walk</u> - Elliott											
1.5 hrs	19ME32	<u>Phytochemical Pleiotropy in Neurology</u> - Spelman											
1.5 hrs	19ME33	<u>Botanical Therapies for Stroke Recovery</u> - Stansbury											
1.0 hrs	19ME34	<u>Panel: Clinical Roundtable</u> - Boardwine, Miller and Spelman											

**Total Number of Hours Page 4**

	←Enter Subtotal CNE contact hours from Page 3
	←Enter Subtotal CNE contact hours from Page 4
	←Enter Grand Total CNE Here

*Thank you for taking the time to fill out this form*