

Herbal Educational Services  
Medicines from the Earth Herb Symposium 2021  
**Continuing Education Record for AAFP and ND approvals**

**Please follow these steps to complete your continuing education:**

1. Download this form to your computer and save it.
2. Fill it out completely including your name, catalog numbers and lectures attended. Incomplete forms cannot be processed.
3. Save the final version and attach it to an email by August 9, 2021 to Linda Jo Strouse at [ljbottanical@gmail.com](mailto:ljbottanical@gmail.com)
4. For CE questions please see our [Continuing Education FAQ page](#) or contact Caitlin Maher [caitlin@botanicalmedicine.org](mailto:caitlin@botanicalmedicine.org)

**Name as you would like it to appear on your certificate(s):**

**Email Address for sending certificate(s):**

**Please indicate which certificate(s) you need. Your CE fee covers all of your certificates for this conference.**

Naturopathic Doctor: State of licensure

Nursing professions

Medical Doctor

General Certificate of Attendance

Other health profession:

**Approvals (partial credit OK):**

- **American Academy of Family Physicians (AAFP):**

*The AAFP has reviewed 2021 Medicines from the Earth Herb Symposium and deemed it acceptable for up to 49 hours AAFP Prescribed Credit. Term of approval is from 06/04/2021 to 06/07/2022. Physicians should claim only the credit commensurate with the extent of their participation in the activity.*

- **AMA/AAFP Equivalency:**

AAFP Prescribed Credit is accepted by the American Medical Association as equivalent to AMA PRA Not Category 1 credit(s)<sup>TM</sup> toward the AMA Physician's Recognition Award.

- **Oregon Board of Naturopathic Physicians (OBNM):**

Up to 49 general hours of which 11.5 can be pharmacy for selected lectures.

- **Note to Naturopathic Physicians licensed in California: AAFP approval applies to CNDA so please use that column.**

Please indicate the lectures attended on the form below.

**The CE catalog number is required in the left-hand column for certificates to be emailed.**

Thank you!

Catalog # 6- digit number found at beginning and end of each video. e.g., 20SW10	AAFP CME for MDs, DOs, PAs & Nurses California NDs please use this column	Naturopathic Physicians for OBNM please use this column	Presentation titles and topics (alphabetical by speaker): Field Study and Herb Walks are in a separate chart at the end.	Please rate this presentation (5 highest, 1 lowest)				
20SW10	1.5 Prescribed Credit	1.5 General	<b>This is an example of how to complete the form.</b> Enter the 6-digit number found at the beginning and end of each video in the first column. Please check one of the boxes to the left to indicate for which certificate you are acquiring CE hours.	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	First Aid for Trauma-Informed Practitioners <i>Teresa Boardwine, RH (AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Home Health Care for Families <i>Teresa Boardwine, RH (AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.0 General .5 PHARM	Botanical Therapies for Childhood Asthma <i>Mary Bove, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Conquering Toxic Mold Exposure <i>Jill Crista, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.0 General .5 PHARM	PANDAS & PANS: Natural Medicine Rescue for Post-Infectious Autoimmune Encephalopathies <i>Jill Crista, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Pelvic Decongestant Herbs for Clearing and Grounding <i>Deborah Frances, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.0 General .5 PHARM	The Treatment of Intestinal Parasites with Herbs <i>Deborah Frances, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Brain Aging in the Menopausal Woman: Effects on Moods, Memory and Botanicals <i>Tori Hudson, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	A Seasonal Model for Working with Depression <i>Kat Maier, RH (AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Deepening Plant Relations – Goethean Study of Nature <i>Kat Maier, RH (AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 PHARM	Cannabis in Medicine: Applications and Limitations <i>Jason Miller, DACM, LAc</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Acute Viral Infections: Addressing COVID and Seasonal Epidemic Disease <i>Jason Miller, DACM, LAc</i>	5	4	3	2	1
	4.0 Prescribed Credit	4.0 PHARM	Intensive: Targeting the Biological Terrain in Collaborative Oncology: Correlating Modern Biomarkers with Traditional Principles of Diagnosis and Treatment <i>Jason Miller, DACM, LAc</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Essence, Hormesis, and Autophagy in Aging and Longevity <i>Jason Miller, DACM, LAc</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Vaporizer Technologies: Safety Considerations and a Mechanism for the Delivery of Botanical Medicines <i>Kenneth Proefrock, NMD</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	The Chemistry of Flavors: Expanding our Palette and Increasing our Neural Connections <i>Kenneth Proefrock, NMD</i>	5	4	3	2	1

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				5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Naturopathic Formulas and Strategies of the Early 20th Century <i>Kenneth Proefrock, NMD</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Restoring Mitochondrial Function through Botanicals, Nutrients and Dietary Modifications <i>Mary Rondeau, ND, RH (AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 PHARM	Embracing the Change: Botanical and HRT Treatments for Menopause <i>Katie Stage, ND, RH (AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.0 General .5 PHARM	Hairy Predicaments: Botanical Medicine for Hair Loss and Abnormal Hair Growth <i>Katie Stage, ND, RH (AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Herbs to Improve Adrenergic Tone - Lifting Deep Lethargy and Melancholia <i>Jillian Stansbury, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	.5 General 1.0 PHARM	Clinical Uses of Autumn Crocus ( <i>Colchicum autumnale</i> ) <i>Jillian Stansbury, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Neural Pathways Review <i>Jillian Stansbury, ND</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Temperate Medicinal Plant Biogeography and Conservation <i>Marc Williams, MA</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Zingiberaceae: A Family Worth Knowing <i>David Winston, RH (AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Effective Pain Relief with Botanical and Nutritional Medicine <i>David Winston, RH (AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 PHARM	Botanical Medicine Targeting Cancer Stem Cells <i>Donnie Yance, RH (AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Clinical Applications for Using 13 Heroic and Potentially Toxic Herbs <i>Donnie Yance, RH (AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Panel #1: Managing Symptoms of Hormonal Disruption with Botanical Medicine with <i>Jillian Stansbury, ND, Jill Crista, ND and Kenneth Proefrock, NMD</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Panel #2: Restoring Mental Health in the 21st Century: Managing Chronic Overwhelm with <i>Mary Rondeau, ND, RH (AHG), Katie Stage, ND, RH (AHG) and David Winston, RH (AHG)</i>	5	4	3	2	1
	1.5 Prescribed Credit	1.5 General	Keynote Panel: Honoring our Herbal Teachers with <i>Kat Maier, RH (AHG), Deborah Frances, ND and Mary Bove, ND</i>	5	4	3	2	1
<b>TOTALS</b>	<b>AAFP</b>	<b>GENERAL</b> <b>PHARM</b>						

Your Continuing Education certificate will be emailed to you in approximately 14 days after receipt.

**Comments:**