

Herbal Educational Services
Medicines from the Earth Herb Symposium 2020 Nursing Track
Start Date: May 29, 2020

UPDATED NURSING ATTENDANCE RECORD
and ACTIVITY EVALUATION FORM

Tech tip: Before working on this form, be sure to: **1)** Download and save it on your local computer. **2)** Complete the form with a) Name b) Email c) answers to general questions below, and for individual lectures enter d) catalog numbers, e) individual lecture evaluations and f) total CE hours. **3)** Save changes. **4)** Attach the saved copy to an email **5) Send by June 14 to caitlin@botanicalmedicine.org** **6)** Certificates will be emailed.

Nurse Participant Name:

Email Address:

Disclosures

1) **Approval Statement:** This nursing continuing professional development activity was approved by the North Carolina Nurses Association (NCNA) for a maximum of 41.5 contact hours for selected lectures. NCNA is an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation

2) **Criteria for Successful Completion:**

Credit is awarded commensurate with participation in one or more sessions. Completion and submission of an evaluation form is required.

3) **Conflicts of Interest:** The following individuals in a position to control content for this activity declare they have a commercial interest relationship relevant to the content of this activity and it has been resolved with the nurse planner. Mary Bove (Royalties—Gaia Herbs), Mary Rondeau (spouse owns QEEG reporting company), Jason Miller (Educator, Natural Health Products), David Crow (Founder, Floracoepia), David Winston (Founder, Herbalist & Alchemist) and Donald Yance (Founder, Natura Health Products)

4) **Expiration date for Enduring Materials: May 29, 2022**

1. Assessment of Knowledge Gain

As a result of participating in this conference, I have increased my knowledge level related to botanical therapies: 5 4 3 2 1

2. The overall goals for this activity (listed below) were met:

(If you select "2-Disagree" or "1-Strongly Disagree," please provide a comment below.) 5 4 3 2 1

Overall Goals At the conclusion of this activity, participants will:

1. Increase their evidence-based knowledge of botanical therapies for endocrine, immunologic, neuro-psychiatric, women's, men's and children's health issues.
2. Gain skills for identifying and preparing medicinal plants.
3. Gain the knowledge to integrate complementary therapies into their clinical practice, through providing education, assessment, counseling or other nursing interventions with their patients.

3. I found this activity worthwhile for my professional practice.

(If you select "2-Disagree" or "1-Strongly Disagree," please provide a comment below.) 5 4 3 2 1

4. This activity will enhance my knowledge/skill as a health care provider.
 (If you select “2-Disagree” or “1-Strongly Disagree,” please provide a comment below.)

Knowledge

5 4 3 2 1

Skill

5 4 3 2 1

5. Please rate each presentation you attended in the table provided below:

1. Was the speaker knowledgeable about the topic?
2. Did the speaker present the information in an interesting manner that facilitated learning?
3. Was the presentation free of commercial bias?

↓(5=Strongly Agree 4=Agree 3=Neutral 2=Disagree 1=Strongly Disagree)↓

CE Hours	Catalog Number	Lecture Title/Speaker	Speaker knowledgeable?					Interesting presentation that facilitated learning?					Presentation Free of Commercial Bias? Yes/No
			5	4	3	2	1	5	4	3	2	1	
1.5 hrs		Panel: Clinical Approaches to Immune-Centered Illness- <i>Bove, Cabrera and Stage</i>											
1.5 hrs		Herbal Tea Apothecary: Teas for Every Body System, Energetic Tissue State and Constitution- <i>Boardwine</i>											
1.5 hrs		Oxymels and Vinegar Infusions- <i>Boardwine</i>											
1.5 hrs		Women, Autoimmunity and Estrogen Metabolism - <i>Bove</i>											
1.5 hrs		Cultivating Skin Microbiome Radiance with Botanicals - <i>Bove</i>											
1.5 hrs		Addressing Immune Health through the Ages: Infants to Seniors – <i>Bove</i>											
1.5 hrs		Keynote: Nature, Spirit, Medicine—Using Biophilia Practice and Shinrin Yoku (Forest Bathing) for Personal and Planetary Healing- <i>Cabrera</i>											
1.5 hrs		Chronic Skin Conditions: Case Review of Seborrheic Dermatitis - <i>Cabrera</i>											
1.5 hrs		Rubefacient and Vulnerary Botanicals for a Complicated Case - <i>Cabrera</i>											
1.5 hrs		Principles of Combining Herbs and Essential Oils: Musculoskeletal Conditions (Arthritic Pain, Fibromyalgia, Injuries, Muscle Spasm) <i>David Crow, LAc</i>											
1.5 hrs		Principles of Combining Herbs and Essential Oils: Relaxing the Nervous System (Stress, Anxiety, Insomnia, Tension Headaches and Chronic Adrenal Overstimulation) <i>David Crow, LAc</i>											

Total Number of Hours Page 2

↓(5=Strongly Agree 4=Agree 3=Neutral 2=Disagree 1=Strongly Disagree)↓

CE Hours	Catalog Number	Lecture Title/Speaker	Speaker knowledgeable?					Interesting presentation that facilitated learning?					Presentation Free of Commercial Bias? Yes/No
			5	4	3	2	1	5	4	3	2	1	
1.5 hrs		Principles of Combining Herbs and Essential Oils: Strengthening and Energizing the Nervous System (Antidepressant Effects, Protection against Neurodegenerative Conditions, Supporting Cognitive Function and Enhancing Concentration) <i>David Crow LAc</i>											
1.5 hrs		Demystifying Qi: A Reverse-Engineering Approach to Understanding the Concept of Qi in Botanical Medicine - <i>Miller</i>											
1.5 hrs		Revisiting the Many Faces of Testosterone: How Botanicals Play a Significant Regulatory Role - <i>Proefrock</i>											
1.5 hrs		Neuroplasticity and the NMDA receptor: Botanical and Nutritional Influences on Neurological Remodeling - <i>Proefrock</i>											
1.5 hrs		Lymphagogues and Alteratives: Lessons in Herbal Immunology - <i>Proefrock</i>											
1.5 hrs		Anxiety: More than an Over Aroused State - <i>Rondeau</i>											
1.5 hrs		Keeping Kids Healthy - <i>Rondeau</i>											
1.5 hrs		In the Zone: Research Considerations for Microdosing Entheogens - <i>Stage</i>											
1.5 hrs		Taming the Dragon: Botanical Approaches for Inflammatory Bowel Disease (IBD) - <i>Stage</i>											
1.5 hrs		Botanical Strategies for Pelvic Pain and Endometriosis - <i>Stage</i>											
1.5 hrs		Substance Addiction and Recovery: Herbal Strategies for Emotional and Physical Pain - <i>Williams (J)</i>											
1.5 hrs		Topical Botanical Therapies to Ease Substance Withdrawal - <i>Williams (J)</i>											
1.5 hrs		The Ethnobotany of the African Diaspora - <i>Williams (M)</i>											
1.5 hrs		Medicinal Mushrooms in Clinical Practice <i>David Winston, RH (AHG)</i>											
4.0 hrs		Intensive: Mitigating the Effects of Glyphosate and other Environmental Toxins <i>Donald Yance, RH (AHG)</i>											

Total Number of Hours Page 3

	←Enter Subtotal CNE contact hours from Page 2
	←Enter Subtotal CNE contact hours from Page 3
	←Enter Grand Total CNE Here

1. Please rate the following statement on a scale of 5 (Strongly Agree) to 1 (Strongly Disagree): 5 4 3 2 1

“I have gained evidence-based knowledge on botanical therapies for clients coping with conditions related to adult and childhood immunity, addiction, diabetes, hormone balance, neuroplasticity related to PTSD treatment, pelvic pain and endometriosis

2. Please write at least one example of a medicinal plant you are able to identify or prepare as a result of participating in this conference.

3. Please write at least one botanical or complementary therapy you plan to incorporate into your clinical practice as a result of participating in this conference:

(ex. patient assessment, education, counseling, or other nursing intervention)

4. What other topics for health professionals would you like to see presented in the future?

Thank you for taking the time to fill out this form