Herbal Educational Services Medicines from the Earth Herb Symposium 2020

EVALUATION FORM

We look forward to hearing about your experiences with this new virtual format. Please download, complete and email as attachment to <u>ljbotanical@gmail.com</u>

Scale: 5 = Strongly Agree 4 = Agree 3 = Neutral 2 = Disagree 1 = Strongly Disagree

1. The overall goals for this activity (listed below) were met:

(If you select "2-Disagree" or "1-Strongly Disagree," please provide a comment below.)

5 4 3 2 1

Comments:

Overall Goals

1. To provide clinically relevant information on botanical and other natural therapies for adult and childhood immunity, addiction, diabetes, hormone balance, neuroplasticity related to PTSD treatment, pelvic pain and endometriosis.

2. Apply current evidence on botanical medicine to the assessment, care and evaluation of patients with gastrointestinal conditions, hormone imbalances, mental health issues, and chronic other health challenges.

2. I found these presentations worthwhile for my professional practice.

(If you select "2-Disagree" or "1-Strongly Disagree," please provide a comment below.)

5 4 3 2 1

Comments:

4. I found the virtual format useful for learning

(If you select "2-Disagree" or "1-Strongly Disagree," please provide a comment below.)

5 4 3 2 1

Comments:

5. Please rate each presentation you heard in the table provided below:

- 1. Was the speaker knowledgeable about the topic?
- 2. Did the speaker present the information in an interesting manner that facilitated learning?
- 3. Was the presentation free from commercial bias?

(See next page)

5. ${\downarrow} Complete the evaluation of each lecture you attended$

 \downarrow (5=Strongly Agree 4=Agree 3=Neutral 2=Disagree 1=Strongly

^{bisagree})↓ CE Hours	Lecture Title/Speaker			peake ledge:			Inte	restin that f		Presentation Free of Commercial Bias?		
		-	XIIO W	icuge	abie.				rnin		Commercial Blas?	
		5	4	3	2	1	5	4	3	2	1	Yes/No
1.5 hrs	Panel: Clinical Approaches to Immune-Centered Illness Bove, Cabrera and Stage											
1.5 hrs	Panel: Botanicals and other Therapies for Improving Mechanisms of Cellular Repair to Increase Lifespan Proefrock and Rondeau											
1.0 hrs	Closing Panel: New Discoveries in Botanical Medicine Hobbs, Crow and Boardwine											
1.5 hrs	Herbal Tea Apothecary: Teas forEvery Body System, EnergeticTissue State and ConstitutionBoardwine											
1.5 hrs	Oxymels and Vinegar Infusions Boardwine											
1.5 hrs	Women, Autoimmunity and Estrogen Metabolism Bove											
1.5 hrs	Cultivating Skin Microbiome Radiance with Botanicals Bove											
1.5 hrs	Addressing Immune Health through the Ages: Infants to Seniors Bove											
1.5 hrs	Keynote: Nature, Spirit, Medicine—Using Biophilia Practice and Shinrin Yoku (Forest Bathing) for Personal and Planetary Healing Cabrera											
1.5 hrs	<u>Chronic Skin Conditions: Case</u> <u>Review of Seborrheic Dermatitis</u> <i>Cabrera</i>											
1.5 hrs	Rubefacient and VulneraryBotanicals for a Complicated CaseCabrera											
1.5 hrs	Principles of Combining Herbs and Essential Oils: Musculoskeletal Conditions (Arthritic Pain, Fibromyalgia, Injuries, Muscle Spasm) Crow											
1.5 hrs	Principles of Combining Herbs and Essential Oils: Strengthening and Energizing the Nervous System (Antidepressant Effects, Protection against Neurodegenerative Conditions, Supporting Cognitive Function and Enhancing Concentration) Crow											
1.5 hrs	Herbs and Essential Oils for Energizing Nervous System Crow											
1.5 hrs	Mushroom Spirit Medicine Hobbs											

CE Hours	Lecture Title/Speaker		S know	peake	er			erestii that	ng pr	esenta tated	isagree 1=Strongly Disagre Presentation Free of Commercial Bias?	
	1	5	4	3	2	1	5	4	3	2	1	Yes/No
1.5 hrs	Essential Oil Therapeutics: Internal Uses for Clinic and Home <i>Hobbs</i>											
1.5 hrs	Diabetes, Obesity and Related Diseases <i>Hobbs</i>											
2.0 hrs	Ecology, Propagation and Cultivation of Native and Oriental Medicinal Herbs at Mountain Gardens Hollis											
1.5 hrs	Sweet Medicine: Herbal-infused Honeys and Herbal Syrups McGee											
1.5 hrs	The Yin and Yang of HormoneBalance: A Botanical andNutritional Medicine Approach toHormone Deficiency and EndocrineDisruption Miller											
1.5 hrs	Prostate Cancer: A Comprehensive and Collaborative Approach Miller											
1.5 hrs	Demystifying Qi: A Reverse- Engineering Approach to Understanding the Concept of Qi in Botanical Medicine Miller											
1.5 hrs	Revisiting the Many Faces of Testosterone: How Botanicals Play a Significant Regulatory Role Proefrock											
1.5 hrs	Neuroplasticity and the NMDA receptor: Botanical and Nutritional Influences on Neurological Remodeling Proefrock											
1.5 hrs	Lymphagogues and Alteratives: Lessons in Herbal Immunology Proefrock											
1.5 hrs	Anxiety: More than an Over Aroused State Rondeau											
1.5 hrs	Keeping Kids Healthy Rondeau											
1.5 hrs	Herb Walk–Plant Personalities of Appalachian Botanicals Shane											
1.5 hrs	Wild Food "Farmacy" in your Backyard Shufer											
1.5 hrs	In the Zone: Research Considerations for Microdosing Entheogens Stage											
1.5 hrs	Taming the Dragon: Botanical Approaches for Inflammatory Bowel Disease (IBD)											
1.5 hrs	Botanical Strategies for Pelvic Pain and Endometriosis <i>Stage</i>											
1.5 hrs	Substance Addiction and Recovery: Herbal Strategies for Emotional and Physical Pain Williams											
1.5 hrs	Topical Botanical Therapies to Ease Substance Withdrawal Williams											
1.5 hrs	The Ethnobotany of the African Diaspora Williams											

↓(5=Strongly Agree 4=Agree 3=Neutral 2=Disagree 1=Strongly Disagree)↓

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1.5 hrs	<u>Restorative and Nutritive Tonics</u> <i>Winston</i>							
1.5 hrs	Medicinal Mushrooms in Clinical Practice Winston							
4.0 hrs	Intensive: Mitigating the Effects of Glyphosate and other Environmental Toxins Yance							
1.5 hrs	Targeting IL-1 in Immunotherapy for Cancer and other Diseases using Botanical MedicineBotanical Medicine							

What other topics would you like to see presented?

Comments:

Thank you for taking the time to fill out this form Please email to Linda Jo Strouse <u>ljbotanical@gmail.com</u>