

SOUTHWEST CONFERENCE on BOTANICAL MEDICINE 2024 – Schedule

Friday, March 22

8:30 AM – 10:00 AM	Why Using Sustainably Sourced Herbs Matters and How to Find Them Ann Armbrecht, PhD <i>*Special presentation for acupuncturists -- all are welcome*</i>
10:30 AM – 12:00 PM	Herban Legends and Clinical Pearls in the Female Reproductive Materia Medica Paul Bergner, Medical Herbalist <i>*Special presentation for acupuncturists -- all are welcome*</i>
1:00 PM – 5:15 PM	Pre-conference Intensive: Restorative Sleep: Integrative Strategies for Remediating Sleep Disorders Lise Alschuler, ND, FABNO

Saturday, March 23

9:00 AM – 10:30 AM	A Comprehensive Management Plan for Multiple Sclerosis: Botanicals, Nutrients and the New Generation of Pharmaceuticals Kenneth Proefrock, NMD
11:00 AM – 12:30 PM	Treatment Approaches to the #1 Cause of Liver Disease in North America: MASLD Katie Stage, ND, RH (AHG), FABNG
1:30 PM – 3:00 PM	Holistic Treatment of Rhinosinusitis Todd Caldecott, Dip, CI.H., RH(AHG), CAP(NAMA), AAC
3:30 PM – 5:00 PM	Panel: Prevention of Viral Infections: Building Immunity with Botanicals Paul Bergner, Medical Herbalist; Todd Caldecott, Dip, CI.H., RH(AHG), CAP(NAMA), AAC; and Katie Stage, ND, RH (AHG), FABNG

Sunday, March 24

9:00 AM – 10:30 AM	Panel: Botanical Therapies for Recovery from Myocardial Infarction (MI) Lise Alschuler, ND, FABNO; Kenneth Proefrock, NMD; and Jillian Stansbury, ND
11:00 AM – 12:30 PM	How to Mitigate the Effects of Mold and Mycotoxin Exposure Marianne Marchese, ND
1:30 PM – 3:00 PM	Ending Opioid Addiction: Using Herbs and Nutrients to Support the Brain and Body Through Withdrawal into Vibrant Living Christina Veselak, MS, CN, LMFT
3:30 PM – 5:00 PM	Botanical Solutions for Viral Infections – From Acute to Chronic Sequelae Kristin Gilmour, BHSc (Naturopathy) and Julianne Grant, BHSc (Naturopathy), BApSc (HM)