

Herbal Educational Services

Ashland, OR 97520

www.botanicalmedicine.org[Contact Us](#)**Step by Step Instructions for Distance Learning (CME) for Naturopathic Physicians**

For audio and video recordings from our conferences and learning series

1. Browse and choose the conference, series or individual recordings that you'd like from the list of links below.
2. Order the recordings by following the links below.
3. Save or print a copy of your receipt (received by email) to show which recordings were purchased.
4. Keep a record of recordings completed on [this certificate](#). Keep the certificate and your receipt for the recordings for your CE records.
5. [Contact us](#) if you have questions and we will be happy to help.

Browse sets and individual recordings for distance CME. Click on any link below to view the hours approved for that event. Approvals for naturopathic CME are from Oregon (OBNM), Arizona (SUHS CE Board), California (CNDA), and American Academy of Family Physicians (AAFP) depending on the event and year. Please see listings below for full CE approval details.

Conferences:[Medicines from the Earth Symposium, 2024](#)OBNM: 39.5 general hours of which 10 can be pharmacy
AAFP: 26 Prescribed Credits[Southwest Conference on Botanical Medicine, 2024](#)OBNM: 35.5 general hours of which 13 can be pharmacy
SUHS: 35.5 general hours of which 13 can be pharmacy (or 10 pharmacy + 3 opioid hours)
AAFP: 32.5 prescribed credits[Medicines from the Earth Symposium, 2023](#)

OBNM: 38.5 general hours of which 11.5 can be pharmacy

[Southwest Conference on Botanical Medicine, 2023](#)OBNM + CNDA: 35.5 general hours of which 13 can be pharmacy
SUHS: 35.5 general hours of which 13 can be pharmacy (or 10 pharmacy + 3 opioid hours)[Medicines from the Earth Symposium, 2022](#)

OBNM: 38 general hours of which 12 can be pharmacy

[Southwest Conference on Botanical Medicine, 2022](#)OBNM: 34.5 general hours of which 13 can be pharmacy
SUHS: 34.5 general hours of which 13 can be pharmacy (or 10 pharmacy + 3 opioid hours)[Medicines from the Earth Symposium, 2021](#)

OBNM: 49 general hours of which 11.5 can be pharmacy

[Southwest Conference on Botanical Medicine, 2021](#)OBNM: 40 general hours of which 13 can be pharmacy
SUHS: 40 general hours of which 13 can be pharmacy (or 11.5 pharmacy + 3 opioid hours)[Medicines from the Earth Symposium, 2020](#)OBNM: (Audio) 56.5 general hours of which 9.5 can be pharmacy
OBNM (Video): 55 general hours of which 9.5 can be pharmacy[Southwest Conference on Botanical Medicine, 2020](#)SUHS: 50.5 general hours of which 13.5 can be pharmacy and 3 opioid hours
OBNM: 49 general hours of which 14 can be pharmacy and 1.5 ethics
CNDA: 20.5 general hours of which 13 can be pharmacy[Medicines from the Earth Symposium, 2019](#)

21.5 general hours of which 10 can be pharmacy

[Southwest Conference on Botanical Medicine, 2019](#)

17.5 general hours of which 11.5 can be pharmacy. 1.5 opioid hours for Arizona NDs

[Medicines from the Earth Symposium, 2018](#)

25 general hours of which 12 can be pharmacy

[Southwest Conference on Botanical Medicine, 2018](#)

17.5 general hours of which 12.5 can be pharmacy. 3 opioid hours for Arizona NDs

Audio Series:[Children's Health Audio Series](#)

6 general hours and 6 pharmacy hours

[Women's Health Audio Series](#)

9 general hours and 3 pharmacy hours

[Allergies and Asthma Audio Series](#)

7 general hours and 2 pharmacy hours

[Weight Management Audio Series](#)

11.5 general hours and .5 pharmacy hours

[Environmental Illness Audio Series](#)

9 general hours and 1 pharmacy hour

[Sleep Management Audio Series](#)

7.5 general hours and 1.5 pharmacy hours

[Management of Anxiety and Depression Audio Series](#)

9.5 general hours and 2 pharmacy hours

[Gastrointestinal Health Audio Series](#)

12 general hours and 2.5 pharmacy hours

[Thyroid Management Audio Series](#)

7.5 general hours and 1.5 pharmacy hours

[Cannabis Therapeutics Audio Series for Clinicians](#)

3.5 general hours and 6.5 pharmacy hours

[Pain and Inflammation Audio Series for Clinicians](#)9 general hours and 3 pharmacy hours. Arizona NDs:
Opioid CME available.[Healthy Aging Audio Series](#)

9.5 general hours and 0.5 pharmacy hours

Video Series:

NEW! [Substance Use Disorder Video Series](#)

7.5 pharmacy and 4.5 general hours
AZ NDs: Opioid CME available

[Pharmacy Video Series 2023](#)

2 general hours and 10 pharmacy hours

[Pharmacy Video Series 2022](#)

0.5 general hours and 10 pharmacy hours

[Pharmacy Video Series 2021](#)

0.5 general hours and 10 pharmacy hours

[Building Immunity Video Series for Clinicians](#)

9 general hours

[Mental Health Video Series for Clinicians](#)

6 general hours and 3 pharmacy hours

Information for AZ and WA NDs:

[Arizona NDs: CME for Opioid/Addiction Requirement](#)

[Washington State NDs: CME for New Requirements](#)

Note: Maximum hours available for each event are stated above. Please be aware of that limit when ordering recordings.