

# Herbal Educational Services CME Quiz Form for Naturopathic Doctors

Ashland, Oregon

Ph. 541-482-3016

[Contact us](#)

**Directions:** Please fill in this form completely and email it to [caitlin@botanicalmedicine.org](mailto:caitlin@botanicalmedicine.org). You will receive a continuing education certificate by email within 14 days of the date of submission.

Name as you would like for it to appear on your certificate:

Email to receive your certificate:

**The CE committee requires each form to be filled out completely, including catalog numbers and test questions for the lectures viewed. Incomplete forms will not be processed. Use as many pages as you need.**

| Catalog #<br><small>6-digit number found at start of video. e.g., 21SW20</small> | CE Hours      |             | Category 1 or 2 CE<br><small>For Washington NDs</small> |
|--|---------------|-------------|---|
|  | General Hours | Pharm Hours |   |
| 21SW15   | 1.5           |             | 1   |

**In box below, list presentation title, speaker name and 3 specific therapies or professional lessons from this presentation:**

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**This is an example of how to complete the form.**

Mushroom Medicine in Women's Health with Tori Hudson

1. Different species of mushrooms have been shown to be therapeutically beneficial for specific forms of cancer (examples Ganoderma in breast, colon, hepatocellular and prostate cancer. Cordyceps in lung and hepatocellular cancers.)
2. Studies have shown that an active compound in Basidiomycota mushrooms (Active Hexose Correlated Compound or AHCC) has therapeutic benefit in HPV, cervical cancer and chemotherapy-induced toxicity.
3. Trametes (turkey tail mushrooms) studies show positive results in esophageal, lung, stomach, colon and breast cancer.

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## Recordings Approved for Continuing Medical Education (CME) Hours

Please visit links below to browse each recording set and see full continuing education details.

### Conference recordings approved for CME:

- [2023 Medicines from the Earth Symposium](#)  
**OBNM** – Maximum: 38.5 hours CME of which 11.5 can be pharmacy
- [2023 Southwest Conference on Botanical Medicine](#)  
**OBNM** and **CNDA** – Maximum: 35.5 hours CME of which 13 can be pharmacy  
**SUHS** – Maximum: 35.5 hours CME of which 13 can pharmacy, OR 10 pharmacy + 3 opioid hours
- [2022 Medicines from the Earth Symposium](#)  
**OBNM** – Maximum: 38 hours CME of which 12 can be pharmacy
- [2022 Southwest Conference on Botanical Medicine](#)  
**OBNM** – Maximum: 34.5 hours CME of which 13 can be pharmacy  
**SUHS** – Maximum: 34.5 hours CME of which 13 can pharmacy, OR 10 pharmacy + 3 opioid hours
- [2021 Medicines from the Earth Symposium](#)  
**OBNM** – Maximum: 49 hours CME of which 11.5 can be pharmacy
- [2021 Southwest Conference on Botanical Medicine](#)  
**OBNM** – Maximum: 40 hours CME of which 13 can be pharmacy  
**SUHS** – Maximum: 40 hours CME of which 13 can be pharmacy, OR 11.5 pharmacy + 3 opioid hours
- [2020 Medicines from the Earth Symposium](#)  
Maximum for Audio Set: 56.5 hours CME of which 9.5 can be pharmacy (**OBNM**)  
Maximum for Video Set: 55 hours CME of which 9.5 can be pharmacy (**OBNM**)
- [2020 Southwest Conference on Botanical Medicine](#)  
**SUHS** – Maximum: 50.5 hours CME of which 13.5 can be pharmacy and 3 opioid addiction  
**OBNM** – Maximum: 49 hours CME of which 14 can be pharmacy and 1.5 ethics  
**CNDA** – Maximum: 20.5 hours CME of which 13 can be pharmacy
- [2019 Medicines from the Earth Symposium](#)  
Maximum: 21.5 hours CME of which 10 can be pharmacy (**OBNM**)
- [2019 Southwest Conference on Botanical Medicine](#)  
Maximum: 17.5 hours CME of which 11.5 can be pharmacy (**OBNM, SUHS, CNDA**)
- [2018 Medicines from the Earth Symposium](#)  
Maximum: 25 hours CME of which 12 can be pharmacy (**OBNM**)
- [2018 Southwest Conference on Botanical Medicine](#)  
Maximum: 17.5 hours CME of which 12.5 can be pharmacy (**OBNM, SUHS, CNDA**)

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### Audio and Video Series approved for CME (approved by OBNM):

- [Substance Use Disorder Video Series](#)  
Maximum: 4.5 general hours and 7.5 pharmacy hours,  
or 9 opioid/addiction hours + 1.5 general hours + 1.5 pharmacy hours
- [Pharmacy Video Series 2023](#)  
Maximum: 2 general hours and 10 pharmacy hours
- [Children’s Health Audio Series](#)  
Maximum: 6 general hours and 6 pharmacy hours
- [Women’s Health Audio Series](#)  
Maximum: 9 general hours and 3 pharmacy hours
- [Allergies and Asthma Audio Series](#)  
Maximum: 7 general hours and 2 pharmacy hours
- [Pharmacy Video Series 2022](#)  
Maximum: 0.5 general hours and 10 pharmacy hours
- [Pharmacy Video Series 2021](#)  
Maximum: 0.5 general hours and 10 pharmacy hours
- [Environmental Illness Audio Series](#)  
Maximum: 9 general hours and 1 pharmacy credit

### Audio and Video Series approved for CME (approved by OBNM), Continued:

- [Mental Health Video Series for Clinicians](#) Maximum: 6 general hours and 3 pharmacy hours
  - [Weight Management Audio Series](#) Maximum: 11.5 general hours and .5 pharmacy hours
  - [Building Immunity Video Series for Clinicians](#) Maximum: 9 general hours
  - [Clinical Management of Anxiety and Depression Audio Series](#) Maximum: 9.5 general hours and 2 pharmacy hours
  - [Sleep Management Audio Series for Clinicians](#) Maximum: 7.5 general hours and 1.5 pharmacy hours
  - [Thyroid Management Audio Series for Clinicians](#) Maximum: 7.5 general hours and 1.5 pharmacy hours
  - [Gastrointestinal Health Audio Series for Clinicians](#) Maximum: 12 general hours and 2.5 pharmacy hours
  - [Pain and Inflammation Audio Series for Clinicians](#) Maximum: 9 general hours and 3 pharmacy hours
  - [Cannabis Therapeutics Audio Series for Clinicians](#) Maximum: 3.5 general hours and 6.5 pharmacy hours
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**CME for Arizona NDs:** [Arizona NDs: CME for Opioid/Addiction Requirement](#)

**CME for Washington State NDs:** [Washington State NDs: CME for New Requirements](#)