

# Herbal Educational Services CME Record for Washington State NDs

Ashland, Oregon

Ph. 541-482-3016

[Contact us](#)

**Note: Category 1 CME for WA NDs issued for all Southwest Conference recordings only (all are approved by the SCNM CE board). Category 2 CME for WA NDs issued for all Medicines from the Earth recordings (approved by OBNM). See page 12 for listing of CME recordings available.**

Name as you would like for it to appear on your certificate:

Email to receive your certificate:

**Directions:** Please fill in this form completely and email it to [caitlin@botanicalmedicine.org](mailto:caitlin@botanicalmedicine.org). You will be sent a certificate to the above email address.

**The CE committee requires each form to be filled out completely, including catalog numbers and test questions for the lectures viewed. Incomplete forms will not be processed. Use as many pages as you need.**

Catalog # <small>6-digit number found at start of video. e.g., 21SW20</small>	CE Hours		Category 1 or 2 CE
	General Hours	Pharm Hours	
21SW15	1.5		1

**In box below, list presentation title, speaker name and 3 specific therapies or professional lessons from this presentation:**

(These are required by the CE board to receive credit for the lectures you listened to/viewed. See example on page 1.)

**This is an example of how to complete the form.**

Mushroom Medicine in Women's Health with Tori Hudson

1. Different species of mushrooms have been shown to be therapeutically beneficial for specific forms of cancer (examples Ganoderma in breast, colon, hepatocellular and prostate cancer. Cordyceps in lung and hepatocellular cancers.)
2. Studies have shown that an active compound in Basidiomycota mushrooms (Active Hexose Correlated Compound or AHCC) has therapeutic benefit in HPV, cervical cancer and chemotherapy-induced toxicity.
3. Trametes (turkey tail mushrooms) studies show positive results in esophageal, lung, stomach, colon and breast cancer.

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**Recordings Approved for Continuing Medical Education (CME) Credits**

Please visit links below to browse each recording set and see full continuing education details.

**Conference recordings approved for CME:**

- [2022 Medicines from the Earth Herb Symposium](#) (Maximum: 38 CME of which 12 can be pharmacy)
- [2022 Southwest Conference on Botanical Medicine](#) (Maximum: 34.5 CME of which 9 can be pharmacy)
- [2021 Medicines from the Earth Herb Symposium](#) (Maximum: 49 CME of which 11.5 can be pharmacy)
- [2021 Southwest Conference on Botanical Medicine](#) (Maximum: 40 CME of which 13 can be pharmacy)
- [2020 Medicines from the Earth Herb Symposium](#) (Maximum for Audio Set: 56.5 CME of which 9.5 can be pharmacy)  
(Maximum for Video Set: 55 CME of which 9.5 can be pharmacy)
- [2020 Southwest Conference on Botanical Medicine](#) (**SCNM** – Maximum: 50.5 CME of which 13.5 can be pharmacy and 3 opioid addiction)  
(**OBNM** – Maximum: 49 CME of which 14 can be pharmacy and 1.5 ethics)  
(**CNDA** – Maximum: 20.5 CME of which 13 can be pharmacy)
- [2019 Medicines from the Earth Herb Symposium](#) (Maximum: 21.5 CME of which 10 can be pharmacy)
- [2019 Southwest Conference on Botanical Medicine](#) (Maximum: 17.5 CME of which 11.5 can be pharmacy; includes CNDA live approval)
- [2018 Medicines from the Earth Herb Symposium](#) (Maximum: 25 CME of which 12 can be pharmacy)
- [2018 Southwest Conference on Botanical Medicine](#) (Maximum: 17.5 CME of which 12.5 can be pharmacy; includes CNDA live approval)

**Video series approved for CME:**

- **NEW!** [Pharmacy Video Series 2022](#) (Maximum: 10 pharmacy hours + 0.5 general hours)
- [Pharmacy Video Series 2021](#) (Maximum: 10 pharmacy hours + 0.5 general hours)
- [Mental Health Video Series](#) (Maximum: 9 general hours of which 3 can be pharmacy)
- [Building Immunity Video Series for Clinicians](#) (Maximum: 9 general hours)

**Audio series approved for CME:**

- [Cannabis Therapeutics Audio Series for Clinicians](#) (Maximum: 3.5 general hours and 6.5 pharmacy hours)
- [Pain and Inflammation Audio Series for Clinicians](#) (Maximum: 9 general hours and 3 pharmacy hours)
- [Gastrointestinal Health Audio Series for Clinicians](#) (Maximum: 12 general hours and 2.5 pharmacy hours)
- [Thyroid Management Audio Series for Clinicians](#) (Maximum: 7.5 general hours and 1.5 pharmacy hours)
- [Sleep Management Audio Series for Clinicians](#) (Maximum: 7.5 general hours and 1.5 pharmacy hours)
- [Clinical Management of Anxiety and Depression Audio Series](#) (Maximum: 9.5 general hours and 2 pharmacy hours)
- [Healthy Aging Audio Series](#) (Maximum: 9 general hours and 0.5 pharmacy hours)
- [Weight Management Audio Series](#) (Maximum: 11.5 general hours and 0.5 pharmacy hours)
- [Environmental Illness Audio Series](#) (Maximum: 9 general hours and 1 pharmacy hour)
- **NEW!** [Allergies and Asthma Audio Series](#) (Maximum: 7 general hours and 2 pharmacy hours)