



SONORAN SPRING HERBAL RETREAT

**Aravaipa Canyon Ranch
March 28 - April 1, 2012**

Join Martha Ames Burgess, Ethnobotanist
and

Pam Hyde-Nakai, Clinical Herbalist,
for 4 days and nights of learning, relaxation,
quiet and renewal in Nature.

Learn about local medicinal plants, medicine
making, native foods, and plant spirits.

Gain a deeper sense of place in the
Sonoran Desert.

Fee: \$550

(deposit of \$150 by January 31st, 2012)

**Contact: Martha - (520)907-9471
Pam - (520)743-3980**